Seizure Action Plan
Training Requirements Guidelines:
School Nurses (RN, LPN)

SB1654; schools; seizure management; treatment plans become 15-160.02 in 2022, establishing new training and Seizure Action Plan (SAP) guideline requirements by September 2023. The Arizona State Board of Education (Board) developed rules as required by law, including approval of the free training provided by the Epilepsy Foundation for both school personnel and school nurses in September 2022.

Schools may submit a request to the Board to obtain approval for other SAP training. Each submitted school nurse training will be reviewed using the criteria listed below. The Arizona Department of Education (ADE) will assist with reviews of school-submitted training and provide feedback for the Board to determine the approval status.

About the Seizure Action Plan Training for School Nurses
Each submitted Seizure Action Plan (SAP) School Nurse Training will be reviewed for the following components and content:
The Seizure Action Plan Training was developed and/or last reviewed in the past 3 years, demonstrating content is current and up to date.
The SAP Training provides a clear list of course objectives, indicating the topics to be offered and expected learning outcomes for the school nurse.
The SAP Training provides references (i.e., on slides, at the conclusion of the slide presentation or video, or as a reference list) that are current (i.e., < 7 years old).
The SAP Training presenter(s) information including credentials is provided, demonstrating competence and qualifications to offer this training.
The SAP Training offers attendees an opportunity to evaluate the overall training post-attendance.
The SAP Training offers a post-evaluation to assess knowledge gained after attendance.
Seizure Action Plan Training Content for School Nurses
The SAP School Nurse Training should, at a minimum, offer content on the following listed topics. For review purposes, detail for each topic area should be provided in the submitted documents (i.e., written curriculum, presentation slides, video):
Incidence & prevalence of Seizure and Epilepsy Syndromes
Seizure and Epilepsy definitions: international classifications (i.e., focal, generalized, unknown)
Common Seizure Triggers
Seizure Types and Characteristics
Risks with Seizures and Epilepsy Syndromes
What are Cluster Seizures and Seizure Emergencies
Common Treatment Options for Seizures and Epilepsy Syndromes and how each work (i.e., Anti-seizure drugs, surgery, implanted neurostimulation devices, medically prescribed diets)

Last Updated: 04-11-2023

Anti-seizure drugs: common side effects, drug reaction warning signs and drug resistance Epilepsy
Factors that impact students with Seizures and Epilepsy Syndromes (i.e., psychosocial, bullying, cognitive, learning, and behavioral issues)
Seizure First Aid: Basic Principles and implementation in different settings (i.e., classroom, bus, after school activities)
Seizure Action Plan: what is it and how to implement in a school setting (including seizure action planning, parent engagement, post seizure documentation, when to call parents or 911)
Rescue Treatment: What are they and how to use each (i.e., medication, vagus nerve stimulation)
Overview of school policies, procedures and guidelines that relate to SAP including delegation of duty when necessary, with student safety a primary goal