

Seizure and Epilepsy Resources

- CDC: Epilepsy <https://www.cdc.gov/epilepsy/index.html>
- CDC: Seizure First Aid: <https://www.cdc.gov/epilepsy/about/first-aid.htm>
- CDC: Types of Seizures: <https://www.cdc.gov/epilepsy/about/types-of-seizures.htm>
- CDC: Healthy Schools, BAM! Classroom Resources for Teachers: <https://www.cdc.gov/healthyschools/bam/diseases/epilepsy.html>
- CDC: Epilepsy in schools: <https://www.cdc.gov/epilepsy/groups/schools.htm>
- Epilepsy Foundation: <https://www.epilepsy.com/>
- Epilepsy Foundation: Seizure First Aid Poster ([English](#)) ([Spanish](#))
- Schools and Seizure Preparedness: <https://www.epilepsy.com/preparedness-safety/schools>
- Seizure Action Plan Coalition: <https://seizureactionplans.org/>
- Epilepsy Alliance America: <https://www.epilepsyallianceamerica.org/>
- Rescue Medications-Video Demonstrations: <https://www.epilepsyallianceamerica.org/learn-about-epilepsy/rescue-medications/>
- Seizure 24/7 Helpline: <https://www.epilepsy.com/247-helpline>
- Seizure Diary Free App: <https://www.epilepsy.com/tools-resources/seizure-diary-app>
- National Association of School Nurses (NASN): School Nursing Evidence-based Clinical Practice Guideline: Students with Seizures and Epilepsy (2018): <https://learn.nasn.org/courses/8992/documents/20318>

Seizure Training Information

School Personnel (all staff other than nurses)

Training for School Personnel is designed for people who work with children and youth in school settings. This program provides an overview of seizures and epilepsy, seizure first aid, seizure action plans, rescue therapies, seizure emergencies and how to support students in school settings. This course is appropriate for teachers, aides, coaches, bus drivers, administrators and anyone who works in a school setting.

Two Options: On-Demand or Live Trainings

See the [Seizure Training for School Personnel](#) course page for more information.

1. [On-Demand Training Available](#) (most popular)
 - Available 24/7. Take at your convenience.
 - Length - 60 minutes
 - Certificate available upon completion of the program

- Continuing education credits available for certified health educators (CHES/MCHES)
- 2. In-person and/or Live Webinars are available from your local Epilepsy Foundation.

[Find Your Local Epilepsy Foundation](#)

School Nurses

The Seizure Training for School Nurses is designed for nurses who work with children and youth in school settings. This program provides an overview of seizures and epilepsy, seizure first aid, seizure action plans, rescue therapies, seizure emergencies and how to support students in school settings.

Two Options: On-Demand or Live Trainings

See the [Seizure Training for School Nurses: Caring for Students](#) course page for more information.

1. [On-Demand \(online\) course](#) (most popular)
 - Available 24/7. Take at your convenience!
 - Length - 2.75 hours
 - Certificate available upon completion of the program
 - Continuing nursing education credits available
2. In-person and/or Live Webinars are available from your local Epilepsy Foundation.

[Find Your Local Epilepsy Foundation](#)